



Original Research Article

Patient satisfaction with anaesthesia care - Development, pilot testing and validation of a survey questionnaire

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ABSTRACT

Background: Patient satisfaction is the single most important “Quality of care” indicator that gives insight into effectiveness of care provided. There is a paucity of specific validated questionnaire for assessment of patient satisfaction with perioperative anaesthesia care for Indian sub-continent. We aimed to develop and validate a questionnaire for assessment of patient satisfaction with anaesthesia care.

Materials and Methods: Through a review of literature, input from expert anaesthesiologists, and patient feedback, we came up with thirty-six preliminary questions, which we then categorised into six categories: Communication, Information provided, Involvement in decision-making, Anaesthesia care provided, Continuity of care, and Addressal of perioperative discomforts. All satisfaction-related responses were graded using a 5-point Likert scale. Questions were corrected to twenty-four based on inputs from six experts. The questionnaire was then translated (forward-backwards translation) to the regional language (Tamil) and subjected to pre-pilot testing. Questions were then modified, and Pilot testing was done for statistical validation.

Results: The response rate for pilot test was 70% and we received 60 responses. 93% of patients used Tamil version. We received 50% of responses on postoperative day (POD)-1 and remaining 50% on POD-2. None of our questions showed “Floor” or “Ceiling” response needing elimination. Cronbach’s alpha was estimated as 0.697. Our survey’s mean score was 87.29 ± 4.65 , showing that it accurately measured patient satisfaction.

Conclusion: Ours is the first validated questionnaire for assessment of patient satisfaction with anaesthesia care suitable for the Indian population. The questionnaire can further be translated into the appropriate regional languages and utilized.

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1. Introduction

For several decades anaesthesia practice has been refined with focus on improving patient safety. Discussions on morbidity and mortality have aided this by fostering positive

attitudes and ongoing physician education. The practice of medicine has changed over past 20 years, and healthcare providers now face a variety of new challenges posed by the emergence of medical insurance firms, rising patient awareness, easy access to information online, raised patient expectations, and, ultimately, legal action for unsatisfactory outcomes.

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Correspondingly, our approach also needs to expand beyond the analysis of adverse outcomes to an analysis of the “Quality of care” provided, as it is the single most important metric of patient satisfaction.¹ In developed countries, information from surveys is used to benchmark hospitals, inform customers, accredit health plans, and influence new payment techniques, in addition to encouraging quality improvement among healthcare personnel and ensuring accountability.¹ A similar strategy will also be deployed in emerging nations.

There are a few validated questionnaires addressing the quality of peri-operative anaesthesia care. However, they either focus on a certain patient subgroup (obstetrics, ICU care, pre-operative clinic, ambulatory anaesthesia) or are less appropriate for Indian subcontinent.^{2–5} Moreover, the entire gamut of anaesthesia care is not addressed. In the present study, our aim was to develop and validate a questionnaire for the assessment of patient satisfaction with anaesthesia care.

2. Materials and Methods

Approval from Institutional Human Ethics Committee (MGMCRI/Res/01/2020/08/IHEC/265) was obtained for development and validation of the questionnaire; and its utilisation for conducting the survey. The study was registered with CTRI (CTRI/2022/01/039359) and conducted as per the principles laid down in Declaration of Helsinki, 2013. The model for questionnaire development described by Tsang et al. and Alsaif et al. was used as a guideline in the development process.^{6,7}

We describe the stepwise methodology followed in the development of the questionnaire. To generate items and create questions, we looked at the current literature, gathered ideas from expert anaesthesiologists, and interviewed patients. This helped us to establish the factors that influence patient satisfaction with anaesthesia care. A thorough review of the literature was done and questionnaires like LPPSq, Iowa scale, etc were referred.^{2,4} A brainstorming session was conducted with twenty anaesthesiologists of all cadre from senior residents to professors at our institute and their input was gathered. Input from patients was obtained through Focussed Group Discussion (FGD) with post-operative patients before their discharge. Each group had five patients, and the discussion was conducted by one of the authors in a pre-determined role as facilitator. Over the course of two months, twenty such FGDs (13 groups for male patients and 7 groups for female patients) were conducted. Additionally, two subjects who underwent gender reassignment surgery were individually interviewed.

This led to the formation of 36 preliminary questions which could be grouped under six categories (dimensions): Anaesthetist-patient communication, adequacy of information provided, involvement of the patient in

decision making, compassionate care, continuity of care through the peri-operative period and addressal of peri-operative discomforts. A few items pertaining to participant demographics, background, and overall satisfaction were added to the questionnaire that was prepared. It was then enlisted in the order that involved routine perioperative anaesthesia care for elective surgery. During this process, questions that addressed first three categories (anaesthetist-patient communication, adequacy of information provided, and involvement of patient in decision-making) were clubbed.

Each item in questionnaire was generated to record the participant’s response to only one issue. All patient satisfaction-related responses were graded using a 5-point Likert scale. We assigned each question the same weight since we believed that all the dimensions were equally significant, and a higher score meant that the answer was positive. At the end of survey, three additional questions were added; one asking respondents to rate their overall anaesthesia experience on a scale of 0 to 10, one asking them whether they would recommend this anaesthesia service to family and friends, and one asking them to specify which aspect would increase their satisfaction.

The questionnaire was reviewed by six experts, of which, three were senior anaesthesiologists, two were community medicine experts and a statistician. Based on their suggestions, questions were changed to be brief and straightforward, redundant questions were eliminated, and reverse item scoring was fixed. We ended up with 24 questions (Tables 1 and 2).

Questionnaire translation was done by two separate bilingual translators who carried out forward translation from source language (English) to target language (Tamil) and the reverse translation. The lack of discrepancies between translated questions with original questions was established and the readability level of questions was lowered so that local population could easily understand them.

Pre-pilot testing to determine feasibility, practicality of questions and presence of ‘floor or ceiling response’, was performed on twenty patients. In the opinion of participants, majority of questions were clear, and time taken for completing it was reasonable. During pre-pilot testing, we identified that participants could not interpret question number 9 and 10 and missing values were noted. Hence, explanations for these questions were added in parenthesis. Responses to open-ended question at the end of survey were analysed. A few patients brought out “thirst” as a reason for peri-operative discomfort, thus it was added to question number 18 (Tables 1 and 2).

A pilot study (Preliminary Questionnaire testing) was carried out over a course of one month. It was designed as a self-administered questionnaire. Both English and Tamil hard copies were made available. Patients who were

Table 1: Demographic and background data

Demographic data			
Name			
Age			
Gender	Male	Female	Transgender
Surgery			
Date of surgery			
Mode of anaesthesia	GA	GA + Epidural	GA + PNB
	GA + Fascial plane block	Spinal	Combined spinal epidural
	Spinal + PNB	Epidural	Spinal + Fascial plane block
		Fascial plane block	MAC
	GA following failed regional anaesthesia		
Any anaesthesia related issues			
Background data			
Date of survey			
Educational qualification	12th standard or below	College degree graduate	Master degree
How would you describe your general health condition?	Poor	Fair	Good
Do you know the different types of anaesthesia available?	Yes	No	
	Yes No		
Were you anaesthetised for any surgery before?	If “yes”		
	How would you rate your previous anaesthesia experience/ experiences?	o Very dissatisfied o Dissatisfied o Neutral o Satisfied o Very satisfied	
	Do you remember your surgeon?	Yes	No
	Do you remember your anaesthesiologist?	Yes	No
Was your surgery postponed after admission in view of investigations/ cross reference/etc	Yes	No	
The postponement of surgery was justifiable to me	Yes	No	
How anxious were you before surgery?	Not anxious	Little anxious	Very anxious

Table 2: The validated questionnaire

S. No	Adequacy of information provided and anaesthetist-patient communication	Strongly disagree 1	Mildly disagree 2	Neutral 3	Mildly agree 4	Strongly agree 5
1	The anaesthesia team communicated with me in the language I completely understand					
2	The conversation was pleasant					
3	I felt less anxious after talking with the anaesthesiologist					
4	I was satisfied with the information provided to me by my anaesthesiologist					
5	I found the anaesthesia team approachable to clarify all my doubts before, during and after my surgery					
6	I could choose from the possible anaesthesia options available for my surgery. (GA/GA with regional block/CNB/PNB/MAC, etc)					
7	My anaesthesiologist gave adequate explanation for choosing a specific mode of anaesthesia					
8	I was adequately explained about how I would feel after anaesthesia					
Compassionate care provided by anaesthesiologist team						
9	My religious practices were given due importance. (Example: shaving beard before surgery, removing mangal sutra, earrings, auspicious rope, toe-rings before surgery)					
10	I was treated with dignity during the conduct of anaesthesia. (Example: Adequately covered during shifting, I was informed before being exposed for anaesthesia procedure)					
11	I was comfortable when anaesthesia was being administered					
12	I was comfortable with the noise/ conversations in the operation theatre during my anaesthesia and surgery					
13	I was informed about my condition during/after surgery by the attending anaesthesia team					
14	I was comfortable during my surgery					
Continuity of anaesthesia care (from pre operative to intra operative and post operative)						
15	The preoperative consultation with the anaesthesiologist was useful					
16	I was visited by my anaesthesia team in the ward after surgery					
17	. I was provided adequate moral support throughout peri operative period					
Peri operative discomfort						
18	I was uncomfortable during and soon after my surgery due to' (Can choose more than one option)					
		<input type="checkbox"/> 'Pain at the site of intravenous line <input type="checkbox"/> Difficulty in breathing <input type="checkbox"/> Was aware of surroundings and conversation around me but could not breathe or move my limbs <input type="checkbox"/> Nausea <input type="checkbox"/> Vomiting <input type="checkbox"/> Shivering <input type="checkbox"/> Thirst <input type="checkbox"/> Sore throat <input type="checkbox"/> Unable to void urine <input type="checkbox"/> Backache <input type="checkbox"/> Neck pain, shoulder pain <input type="checkbox"/> Vivid dreams during surgery				
19	My discomfort in the peri operative period was adequately managed after informing it to my anaesthesia team					
Global satisfaction						
20	I would choose to undergo similar anaesthesia later, if necessary	<input type="checkbox"/> Yes			<input type="checkbox"/> No	
21	The care provided to me by anaesthesia team met my expectations	<input type="checkbox"/> Yes			<input type="checkbox"/> No	
22	How would you rate the anaesthesia care you received from 0 to 10?					
23	Would you recommend this anaesthesia service to your family and friends?	<input type="checkbox"/> Yes			<input type="checkbox"/> No	
24	Which aspect would make your satisfaction with anaesthesia care better?					
Total Score =						

Table 3: Demographic data of the pilot study population

Physical characteristics	Data
Age in years	35 [IQR 25 to 50]
ASA (1: 2: 3)	20: 35: 5
Gender (Male: Female: Transgender)	35: 24: 1
Type of surgery:	
General surgery	15
Orthopaedics	10
Obstetrics and gynaecology	13
Ear, nose and throat	7
Plastic surgery	7
Urology	7
Oral and maxillofacial surgery	1
Type of anaesthesia	
General anaesthesia	13
Spinal anaesthesia	18
Combined spinal epidural	12
Nerve block	10
Spinal + Fascial plane block	5
General anaesthesia + Fascial plane block	2
Educational qualification	
≤12 th standard: Graduate: Master's degree	25: 30: 5

unable to express their opinions owing to mental retardation, psychiatric illness, inability to read and write in Tamil or English, or those who were shifted to ICU or HDU on ventilator support after surgery were excluded. All patients who were willing to participate were asked for their written informed consent after being explained the purpose of the study and assuring them that their responses would be kept anonymous. The forms were given to patients on postoperative day (POD) 1 and they were asked to fill them out either on their own or with assistance from their family and friends and hand it over to the post-operative ward nurse. If not filled by POD 1, they got one more reminder the following day. Response obtained from preliminary pilot study were entered into an excel spreadsheet. Statistical validation for internal consistency (reliability) was done by estimating Cronbach's alpha using SPSS 16.0 statistical software.

3. Results

36 preliminaries questions were reduced to 24 after expert evaluation to increase response and completion rates. Eighty-five patients were included in the pilot study. We received 60 responses, which amounted to a response rate of 70%. The demographic data of the pilot study population is shown in (Table 3).

The Tamil version of questionnaire was used by 93% of patients. We received 50% of responses on POD 1 and remaining 50% on POD 2. Sufficient variance in participant's response was confirmed.

Twenty questions related to patient satisfaction which were graded using a 5-point Likert scale were subjected to

internal consistency testing (Cronbach's alpha) using SPSS 16.0. The Cronbach's alpha was estimated as 0.697. The test also ruled out any negative correlation between items in the questionnaire. The mean score (scored from 0 to 100) was 87.29 ± 4.65 , indicating that our questionnaire reliably measured patient satisfaction.

4. Discussion

Most of us as working doctors are unaware of or unable to commit to the hard and time-consuming process of developing questionnaires. We developed a questionnaire for assessing patient satisfaction with anaesthesia care for Indian subcontinent in English and Tamil languages.

The domain of interest for construction of questionnaires can be determined by direct observations, expert judgement, content analysis, review of research or critical incidents.^{2,6} The degree to which patient expectations and achievements match determines how satisfied they are, and knowing this enhances content validity.⁸ Patient's expectations were acquired through focused group discussions and one-on-one interviews using open-ended questions.⁹ No queries related to participant's privacy were raised.

We did not use the questionnaire developed by Ambulkar and colleagues as majority of their questions were bipolar and were not statistically validated.¹⁰ Corollaries based on surrogate endpoints like nausea, vomiting and postoperative pain were avoided.^{11,12} An overall satisfaction summary score for patient satisfaction assessment was included in addition to the questions and not as a substitute as it can result in a misleading representation if used as a sole question.¹³ Multivariate statistical analysis

Table 4: Cronbach's alpha indicating the Internal consistency (reliability) of questionnaire. It shows no major increase in Cronbach's alpha from the mean value of 0.697 if any question is deleted

S No		Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
1.	The anaesthesia team communicated with me in the language I completely understand	82.32	21.087	.338	.692
2.	The conversation was pleasant	82.39	20.516	.356	.685
3.	I felt less anxious after talking with the anaesthesiologist	82.50	19.770	.385	.678
4.	I was satisfied with the information provided to me by my anaesthesiologists?	82.47	19.986	.420	.678
5.	I found the anaesthesia team approachable to clarify all my doubts before, during and after my surgery.	82.53	19.607	.357	.678
6.	I could choose from the possible anaesthesia options available for my surgery. (GA/GA with regional block/CNB/PNB/MAC)	83.71	19.022	.330	.679
7.	My anaesthesiologists gave adequate explanation for choosing a specific mode of anaesthesia.	83.29	18.590	.322	.681
8.	I was adequately explained about how I would feel after anaesthesia.	82.34	21.150	.200	.694
9.	My religious practices were given due importance. (Example: shaving beard before surgery, removing mangal sutra, earrings, auspicious rope, toe-rings before surgery)	82.82	20.803	.034	.715
10.	I was treated with dignity during the conduct of anaesthesia. Example: (Adequately covered during shifting, I was informed before being exposed for procedure).	82.71	17.833	.420	.667
11.	I was comfortable when anaesthesia was being administered	82.92	19.588	.084	.728
12.	I was comfortable with the noise/ conversations in the operation theatre during my anaesthesia and surgery	82.32	21.087	.338	.692
13.	I was informed about my condition during/after surgery by the attending anaesthesia team	82.37	20.834	.284	.690
14.	I was comfortable during my surgery	82.58	20.413	.173	.695
15.	The preoperative consultation with the anaesthesiologists was useful	82.53	20.094	.292	.685
16.	I was visited by my anaesthesia team in the ward after surgery?	82.55	19.876	.143	.704
17.	I was provided adequate moral support throughout the peri operative period.	82.50	19.878	.425	.677
19.	My discomfort in the peri operative period was adequately managed after informing it to my anaesthesia team.	82.50	20.095	.263	.687
20.	I would choose to undergo similar anaesthesia later, if necessary.	83.05	16.484	.670	.631
21.	The care provided to me by anaesthesia team met my expectations	83.13	19.198	.443	.671

and identification of individual dimensions with highest weightage (beta weight) can determine what contributes to satisfaction.¹⁴ Hence, in our questionnaire, all patient satisfaction-related responses were graded using a 5-point Likert scale so that statistical validation could be done. To confirm consistency in patients' opinions and determine the aspects that contributed to satisfaction, questions pertaining to overall satisfaction and one question rating the anaesthesia care on a 0–10 scale were added. However, in our pilot study, we did not receive any feedback for the open-ended question (question number 24).

Leiden (LPPSq) questionnaire was developed in Dutch, the Heidelberg in German language, and EVAN-G in French.^{2,3,5} LPPSq questionnaire was developed to measure patient experience with entire perioperative care rather than their satisfaction; of which, anaesthesia care was only an element. Ours is the first questionnaire suitable for the Indian subcontinent.

To reduce selection bias, interviewer bias, social desirability bias, and to ensure acceptable divergent validity, a self-administered questionnaire was used for pilot testing. However, this carries the disadvantage of low response rates. Participant's response rate in our pilot study was comparable to that reported in other studies where self-administration format was used.^{2,6} For an upcoming study on patient satisfaction with anaesthesia care utilising this questionnaire, we will employ Google Forms for data collection, as we aim to gather responses from a broad demographic.

Barnett and colleagues in their systematic review found that most anaesthesia-related studies did not employ validated techniques resulting in possibility of bias thereby yielding unreliable and meaningless results.^{14,15} In the present study, we estimated the Cronbach's alpha; where a value of 0.61 to 0.80 represents substantial correlation and 0.81 to 1.00, a good correlation. Internal consistency testing using Cronbach's alpha showed that the score could be increased to ≥ 0.7 from the mean value of 0.697 if question number 9, 11 and 16 were deleted (Table 4). We choose to retain the three questions as they were important and the improvement in Cronbach's alpha was only minimal even if deleted. No ceiling or floor responses were noted in the pilot study.⁸

Inter-rater testing for reliability must be used when questionnaires are filled by multiple observers. The calculation of inter-rater reliability or Kappa coefficient testing was not necessary in our study because our questionnaire was self-administered. Several other tests have also been used to validate questionnaires. Item discriminant validity and inter-item correlation were used by Caljouw and colleagues to measure reliability.² Tsang et al have described conducting test-retest reliability where participant's consistency in response across repeated questionnaire administration was evaluated.⁶ Dongare et al have calculated item-wise content validity index, and scale-wise content validity index.¹⁶ Mui and

colleagues have determined content validity coefficient and homogeneity reliability coefficient by conducting Bardett's test of sphericity and chi-square test for Exploratory Factor analysis on pilot questionnaire and Confirmatory factor analysis applied to final version of questionnaire respectively.¹⁷ Regular audits using validated questionnaires are an easy tool that can help us identify the areas of care amenable to improvisation and thereby enhance the quality of anaesthesia services provided.

The limitation of our study was that the response rate in our pilot study was only 70%. Although this falls within the range described in various previous satisfaction surveys, a response rate $>80\%$ is desirable to reflect the exact facts.¹⁸

5. Conclusion

Ours is the first validated questionnaire for assessment of patient satisfaction with anaesthesia care suitable for the Indian population. The questionnaire can further be translated into appropriate regional languages and utilized.

6. Sources of Funding

None.

7. Conflict of Interest

The authors declare no conflicts of interest.

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